

# A DAY IN THE Life OF...



## MAURITS SOBELS Consultant @ Michael Page Sales & Marketing Amsterdam



8:30

**G**o to work on my scooter and go grab something from the bakery.



9:00

**S**tart my morning with a cup of coffee with my colleagues and start working on my emails.



9:10

**D**oing my prep calls for candidates and follow up calls with my clients.



10:30

**I**nterviews with candidates to find out if the position they've applied for suits them. I think it's important to get to know people personally. What motivates them? What is important in life?



12:20

**T**ime to have lunch with my colleagues.



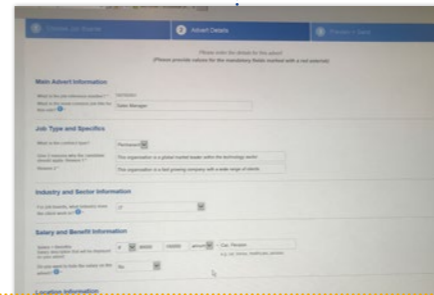
13:00

**A**fter lunch, I check my calendar and prep for a new client I am going to visit. Prepare and visiting a new client, they are looking for a senior marketing manager. I will follow up with the best shortlist of candidates that I have met.



16:25

**B**ack at the office. Now time to post new job offers and search for the right candidate that fits the profile.



20:00

**A**fter work, I'm having dinner with my girlfriend and unwind by watching a good Netflix series on the couch.



### EDUCATION

**Hogeschool Inholland**  
HBO (BA) Media & Entertainment Management  
2011 – 2018

### EXPERIENCE

**Michael Page**  
Recruitment Consultant  
October 2018 – Present

**Virtuagym**  
Corporate Recruiter  
October 2017 – October 2018

CV



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